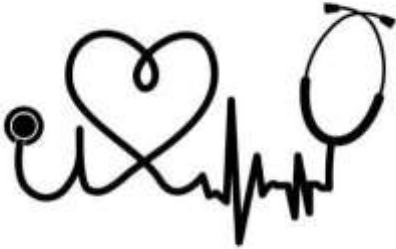


**Sunday, October 18, 2026
St. Timothy Lutheran Church
Health Ministry Sunday - Pentecost 21**



Vision Statement:
**Living in God's amazing grace,
St. Timothy Lutheran Church
nurtures relationships,
celebrates diversity
and opens doors so that
we may be a glimpse of
God's kingdom.
Caring, Sharing, Daring.**

St. Timothy Mission Statement:
**We intentionally reach out,
seeking and serving,
sharing the joy of Jesus Christ**

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Welcome to St. Timothy! We are honored to have you in worship with us this morning. Please respect the social distancing wishes of those around you. Holy Communion is at the altar or individual tiny cups of grape juice and wafer are at the church entrance. Learn how to use the sets on page 8 under Distribution.

Land Acknowledgement:

St. Timothy Lutheran Church humbly acknowledges that we live within the traditional lands of the Multnomah, Kathlamet, and Clackamas bands of Chinook; the Cowlitz; the Tualatin Kalapuya; the Molalla and many other Tribes who made their homes along the Columbia River. Most of these peoples are currently part of the Confederated Tribes of the Grand Ronde. In our place of ministry in Portland, Oregon, St. Timothy thanks God for living and serving in this domain of Native people from over 380 different Tribal backgrounds.

GATHERING

Call to Worship *Jesu, Jesu, Fill Us With Your Love*

ELW 708

Announcements and Welcome

Opening Prayer

To you, O Lord God, covered by the splendor of light and along worthy of our adoration, we come to you to hear our petitions. We praise you, O Lord, for your most magnificent creation: the human body. And, Lord, have mercy when it starts to fall apart, and the truth is that often our health is so good that we forget to thank you for it. Too often we take for granted every disease we don't have, every faculty we enjoy, and every miracle, including life itself, will recur on its own. So, when the stresses and strains of life overtake, O Father, or accident, diseases, or a thousand other challenges, forgive us when we lose heart and ask for explanations. Actually, we don't need explanations because You are with us. When we remember our good days of the past, we realize that life is a gift and a miracle in itself. So, Lord Jesus, on this Health Ministry Sunday, we thank you for being our Great Physician who heals us - Body, Mind and Spirit. In your Mighty and Gracious name - Father, Son and Spirit, we pray. **C: Amen.**

Confession and Forgiveness *(Please rise as you are able)*

P: In the name of the Father, and of the † Son, and of the Holy Spirit.

C: Amen.

P: God of all mercy and consolation, come to the help of your people, turning us from our sin to live for you alone. Give us the power of your Holy Spirit that we may confess our sin, receive your forgiveness, and grow into the fullness of Jesus Christ, our Savior and Lord. **C:**

Amen.

P: Let us confess our sin in the presence of God and of one another. Most merciful God,

C: we confess that we are captive to sin and cannot free ourselves. We have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways, to the glory of your holy name. Amen.

P: In the mercy of almighty God, Jesus Christ was given to die for us, and for his sake God forgives us all our sins. As a called and ordained minister of the church of Christ, and by his authority, I therefore declare to you the entire forgiveness of all your sins, in the name of the Father, and of the + Son, and of the Holy Spirit. **C: Amen.**

Gathering Song

Gather Us In

ELW 532

Pastoral Greeting: Blessed be the holy Trinity, one God, who forgives all our sin, whose mercy endures forever. **C: Amen.**

Prayer of the Day *(together)*

C: Merciful God, your healing power is everywhere around us.

Strengthen and encourage those who care and minister to the sick and ailing and in health decline. May we be thankful for every sign of health you give - in body, mind and spirit.

(Please be seated)

Children's Message

First Reading: Numbers 21:4-9

They traveled from Mount Hor along the route to the Red Sea, to go around Edom. But the people grew impatient on the way; they spoke against God and against Moses, and said, "Why have you brought us up out of Egypt to die in the wilderness? There is no bread! There is no water! And we detest this miserable food!"

Then the Lord sent venomous snakes among them; they bit the people and many Israelites died. The people came to Moses and said, "We sinned when we spoke against the Lord and against you. Pray that the Lord will take the snakes away from us." So Moses prayed for the people.

The Lord said to Moses, "Make a snake and put it up on a pole; anyone who is bitten can look at it and live." 9 So Moses made a bronze snake and put it up on a pole. Then when anyone was bitten by a snake and looked at the bronze snake, they lived. L: Word of God. **C: Thanks be to God.**

Psalm 103:1-18

Of David.

Praise the Lord, my soul;
all my inmost being, praise his holy name.

**Praise the Lord, my soul,
and forget not all his benefits—**

who forgives all your sins
and heals all your diseases,

**who redeems your life from the pit
and crowns you with love and compassion,**

who satisfies your desires with good things
so that your youth is renewed like the eagle's.

**The Lord works righteousness
and justice for all the oppressed.**

He made known his ways to Moses,
his deeds to the people of Israel:

**The Lord is compassionate and gracious,
slow to anger, abounding in love.**

He will not always accuse,
nor will he harbor his anger forever;

**he does not treat us as our sins deserve
or repay us according to our iniquities.**

For as high as the heavens are above the earth,
so great is his love for those who fear him;

**as far as the east is from the west,
so far has he removed our transgressions from us.**

As a father has compassion on his children,
so the Lord has compassion on those who fear him;

**for he knows how we are formed,
he remembers that we are dust.**

The life of mortals is like grass,
they flourish like a flower of the field;

**the wind blows over it and it is gone,
and its place remembers it no more.**

But from everlasting to everlasting
the Lord's love is with those who fear him,
and his righteousness with their children's children—
with those who keep his covenant
and remember to obey his precepts.

Gospel: Matthew 8:14-17

When Jesus came into Peter's house, he saw Peter's mother-in-law lying in bed with a fever. He touched her hand and the fever left her, and she got up and began to wait on him.

When evening came, many who were demon-possessed were brought to him, and he drove out the spirits with a word and healed all the sick. This was to fulfill what was spoken through the prophet Isaiah:

"He took up our infirmities
and bore our diseases."

L: The Gospel of the Lord. C: **Thanks be to God.**

(Please be seated)

SERMON

(Please rise as you are able)

Hymn of the Day: *Healer of Our Every Ill*

ELW 612

The Apostles' Creed

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord, who
was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
He descended to the dead.
On the third day He rose again;
He ascended into heaven,
He is seated at the right hand of the Father,
and He will come to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

(Please be seated)

Prayers of Intercession

Renewed in God's everlasting grace, let us pray for the church, the world, and all creation.

(A brief silence.)

We pray for the church universal. O God, who unites the church across the globe, bring unity and peace to a world divided by hatred and opposition.

Turn our hearts toward the gospel of Jesus Christ.

God of grace, **C: receive our prayer.**

We pray for creation. O God, who made heaven and earth, draw us to the beauty of the whole creation. Turn us toward a right relationship with the entire cosmos. God of grace, **C: receive our prayer.**

We pray for all nations, states, cities, and towns. O God, you rule over all the earth. Grant our elected officials humility in their decision-making for the sake of the entire world. Bring peace to all countries affected by war and violence. We especially pray for peace for Gaza and Ukraine Iran and that war will cease and food and water will be provided. We ask for strength in your peace here in Portland as local communities continue to be a target of our current administration. God of grace, **C: receive our prayer.**

We pray for those who suffer in body, mind, or spirit. O God, who heals and strengthens, our help comes from you in times of need. Support, comfort, and heal those who suffer especially Kristina, Christine, Katie, Sylvia, Mary F, Lee, Gabriel, Sandy, Deanne, Ron, Judy, Al, Pastor Chuck, Marshall, Steve, Doug, Barb V, and Greta according to their needs.

God of grace, **C: receive our prayer.**

We pray for St. Timothy Lutheran church and the abundance of ministry in this place. We ask for the miracle of ministry, so that we attend to another's aches and pains before our own are cured. We ask for the miracle of a sense of humor, so that we can regale friends with our symptoms without boring them to death. We ask for the miracle of courage and will power so that we don't accept death one minute before its time. And we pray for the miracle of breath and Spirit; we pray that you, Holy Spirit, will move gently as a breeze among us just now. Breathe into the dust of our being the breath of life again. O God, who guides this congregation, encourage us to share the good news of Jesus Christ. Nurture our relationships with the community, that we serve and advocate for those who come to us in need.

God of grace, **C: receive our prayer.**

(Here other intercessions may be offered.)

We offer thanksgiving for the faithful departed. O God, whose promises never end, we thank you for all the saints who have shown us the way of your Son, Jesus Christ. God of grace, **C: receive our prayer.**

We offer our prayers, O God, trusting in your everlasting grace and mercy, through Jesus Christ our Lord.

C: Amen.

(Please rise as you are able for sharing of the Peace & The Great Thanksgiving)

Peace

P: The peace of the Lord be with you always.

C: And also with you.

P: Let us greet one another with a sign of God's peace.

Offertory Hymn Praise God from whom all blessings flow. ELW 885
Praise God all creatures here below.
Praise God above ye Heav'nly host.
Praise Father, Son, and Holy Ghost. Amen.

Offering Prayer: *(together)*

C: God of power, God of plenty, all things belong to you. We bring gifts to the table so that all may be fed. Form us into the body of your beloved Jesus Christ, our savior. Amen.

THE GREAT THANKSGIVING

P: The Lord be with you.

C: And also with you.

P: Lift up your hearts.

C: We lift them to the Lord.

P: Let us give thanks to the Lord our God.

C: It is right to give our thanks and praise.

P: It is indeed right, our duty and our joy, ...join the unending hymn:

Hymn: *Holy, holy, holy Lord,* ELW page 144b
God of pow'r and might, Heaven and earth are full of your glory.
Hosanna. Hosanna. Hosanna in the highest. Blessed is He
Who comes in the name of the Lord. Hosanna in the highest.

(Please be seated)

Words of Institution

DISTRIBUTION

We welcome you to the Lord's Table to share the Sacrament of Holy Communion with us. If taking communion from the pews, pick up one of the communion plastic cups at the church entrance. When invited by Pastor, take the top off the wafer side and eat. When invited, remove the covering over the drink and drink. Place the empty cup in the container at the end of your pew. If you are taking communion at the rail, ushers will guide you down the side aisle. Please pick up a small chalice as you approach the rail. When space allows, kneel as you are able at the rail. Take and eat the bread, and drink the wine or grape juice. Afterwards, set the chalice on the table in the middle aisle and continue down the aisle to your pew.

Lord's Prayer (together)

**Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.**

Distribution Hymns:

***Just As I Am
I am the Bread of Life
Here I Am, Lord***

ELW 592
ELW 485
ELW 574

(Please rise as you are able)

Prayer of Thanksgiving: (together)

C: O God, we give you thanks that in this feast of mercy you have embraced us and healed us, making us one in the body of Christ. Go with us on your way. Equip us for every good work, that we may continue to give you thanks by embracing others with your mercy and healing, through Christ our Lord, Amen.

SENDING

Blessing:

The Lord bless you and keep you;
the Lord's face shine upon you with grace and mercy.
† The Lord look up you with favor and give you peace.

Amen.

Sending Hymn:

On Eagle's Wings

ELW 787

Dismissal :

P: Go in peace. God is at work in you!

C: Thanks be to God. Alleluia!

Postlude:

God Is Here

ELW 526

We give God thanks or lift before God:

- For our nation and the world that all might put love, generosity, compassion and patience first.
- For homeless people as they struggle to find shelter and food.
- For St. Timothy and all churches, that the Holy Spirit would continue to inspire, encourage, and guide us in God's mission to love the world.
- Give strength to those with challenges at work, home, and in their personal lives.
- For the effort of Cultivate Initiatives for people in need in East Multnomah County.
- For Kristina Heitmann in her ongoing health concerns.
- For Pastor Chuck with his declining health.

Daily Readings for October 19th-24th

Monday: 2 Timothy 4:5-11

Tuesday: Psalm 98

Wednesday: Daniel 6:1-28

Thursday: Leviticus 19:1-2, 15-18

Friday: Psalm 1

Saturday: 1 Thessalonians 2:1-8

Next Sunday, October 25th:

Leviticus 19:1-2, 15-18; Psalm 1; 1 Thessalonians 2:1-8;
and Matthew 22:34-46

This Week at St. Timothy's

Today, Sunday October 18th, Pentecost 21

9:20am Choir practice

10 am Worship Service

Monday 10am - 1pm Office & Pantry Hours

Tuesday 10am - 1 pm Office & Pantry hours

Wednesday 10 am -1 pm Office & Pantry hours

Thursday 10 am -1 pm Office & Pantry hours

7-8:30 pm Choir Practice

Friday 10 am -1 pm Office Hours

Saturday

Sunday October 25th, Reformation Day

9:20am Choir practice

10 am Worship Service

OCTOBER Worship Services

If you are unable to make your scheduled Sunday, please contact another person to take your place.

	October 4th	October 11th	October 18th	October 25th	November 1st
Preacher	Pastor Yukio Hamada	Pastor Yukio Hamada	Pastor Curtis Zieske	Pastor Yukio Hamada	Pastor Yukio Hamada
Assistant	Ray W	Sherry W	Karen O	Ray W	Karen O
Lector	Lisa S	Cathy H	Sherry W	Cathy H	Lisa S
Usher	Tim H & Allen P	Marcia & Skip E	LeAnn & Steve T	Gladys K & Tim H	Jeff S & Allen P
Communion Set Up	Gladys K	Karen O and Gladys	Cathy Henderson	Candace and Marie	Karen O & Gladys
Table Assistant	Ray W	Karen O	Sherry W	Karen O	Gladys
Tiny Tims	Daniel R	Monica G	Bridgett D	Michelle G	Amanda M
Video & Sound	Ray W and James G	Ray W and James G	Ray W and James G	Ray W and James G	Ray W and James G
Counters	Ray W & Tim H	Candace O & Tim H	Ray W & Candace O	Ray W & Tim H	Tim H & Jeff S
Music	Gary S.	Gary S.	Gary S.	Gary S.	Gary S.
Care Coordinator	Karen O.	Karen O.	Karen O.	Karen O.	Karen O.

ANNOUNCEMENTS

God is doing great things here at St. Timothy.

Our ministry is grounded in the 3P's:

PASTOR + PEOPLE = PARTNERSHIP IN THE GOSPEL

HOLY COMMUNION: We have communion at the altar railing or at your seat in the pew. See page 8 under Distribution.

WORSHIP WITH US ONLINE on Sundays at 10 am at:

<https://www.youtube.com/@sttimothypdx/live>

FOOD PANTRY VISITS: We had 72 visitors this week. We received our Portland Food Project Food of 1780 pounds. We remain low on cereal, fruit, coffee, juice, and protein other than tuna and chicken.

Food giving: St. Timothy plans to do a PFP type event on Nov 7th in the 144th neighborhood. Help and ideas are welcome.

BIBLE STUDY: Pastor Yukio continues to lead Bible study on zoom at 6:45pm on Wednesdays.

CHURCH PROPERTY: Progress is being made on the roof repair in the back and the railing on the East side. Watch the thermometer for a status on fundraisers for the remaining projects.

HEALTH MINISTRY SUNDAY is today: Our guest Pastor is Pastor Zieske. Health goodie bags are available and blood pressures will be checked. Enjoy fellowship following the service.

Bible Zoo trip is today following fellowship-- all kids and families are welcome.

TABLE TREAT event is October 24th from 4:30 to 6 pm. Please bring treats for the event. Set up is at 5:30 on the 23rd. Invitation fliers are available to give to neighbors and friends.

ATTENTION SEWERS: We have material in the Hospitality House available. Do you quilt with other groups? Let us know.

November 1st is All Saints Day. We will celebrate with candles lit in memory and pictures of Loved Ones displayed. We also will have a display in the narthex. Included in our ministry is Wellness bags which will be assembled that day as well.

Education Committee will meet on November 8th following the church service.